

# AGE-SPECIFIC ADL/IADL ANSWER CHOICES FOR CHILDREN'S LONG TERM SUPPORTS PROGRAMS

Age: 6 – 9 Years

## ADL

### Bathing

6 years to 9 years

- ☐ Needs adaptive equipment.
- ☐ Is combative during bathing (e.g., flails, takes 2 caregivers to accomplish task).
- ☐ Needs complete physical assistance.
- ☐ Needs to be lifted in and out of bathtub or shower.
- ☐ Needs step-by-step cueing to complete the task.
- ☐ Lacks an understanding of risk and must be supervised for safety.
- ☐ None of the above apply.

### Grooming (brushing teeth, washing hands and face)

6 years to 9 years

- ☐ Is combative during grooming (e.g., flails, clamps mouth shut, takes two caregivers to accomplish task).
- ☐ Unable to wash hands or face.
- ☐ Needs physical help with grooming tasks.
- ☐ Needs step-by-step cueing during grooming tasks.
- ☐ None of the above apply.

### Dressing

6 years to 9 years

- ☐ Needs physical assistance with getting clothing on, including fasteners such as buttons, zippers, and snaps.
- ☐ None of the above apply.

### Eating

6 years to 9 years

- ☐ Receives tube feedings or TPN.
- ☐ Needs to be fed.
- ☐ Needs one-on-one monitoring to prevent choking, aspiration, or other serious complications.
- ☐ None of the above apply.

### Toileting

6 years to 9 years

- ☐ Incontinent during the day (of bowel and/or bladder).
- ☐ Incontinent of bowel during the night.
- ☐ Needs physical help, step-by-step cues, or toileting schedule.
- ☐ None of the above apply.

### Mobility

6 years to 9 years

- ☐ Does not walk or needs physical help to walk.
- ☐ Uses a wheelchair or other mobility device not including a single cane.
- ☐ None of the above apply.

## Transfers (does not include bathtub or shower)

6 years to 9 years

- ☐ Needs physical help with transfers.
- ☐ Uses a mechanical lift.
- ☐ None of the above apply.

## IADL

### Communication

6 years to 9 years

- ☐ Assessment or evaluation within the last year indicates greater than 35% delay or 2 Standard Deviations (SD) below the mean on a norm referenced tool in receptive and expressive language.

Assessment Date: \_\_\_\_\_ (mm/yyyy)

Assessment Tool: \_\_\_\_\_  
See list of "Norm-Referenced Assessment Tools for Communication and Learning"

Other: \_\_\_\_\_

- ☐ Uses adaptive equipment to communicate.
- ☐ Is not understood by strangers.
- ☐ Does not engage in reciprocal conversation.
- ☐ Does not follow a series of 3 unrelated instructions.
- ☐ None of the above apply.

### Learning

6 years to 9 years

- ☐ Assessment or evaluation within the last year indicates greater than 35% delay or 2 Standard Deviations (SD) below the mean on norm referenced tool in cognitive development.

Assessment Date: \_\_\_\_\_ (mm/yyyy)

Assessment Tool: \_\_\_\_\_  
See list of "Norm-Referenced Assessment Tools for Communication and Learning"

Other: \_\_\_\_\_

- ☐ Has full scale IQ score of 75 or less.
- ☐ Does not know common opposites (e.g., big-little, more-less, hard-soft).
- ☐ Does not understand sequencing (e.g., breakfast, lunch, dinner).
- ☐ Does not follow rules to simple games.
- ☐ None of the above apply.